

- Directions:
1. Print out this Form.
 2. Fill out this Form.
 3. Make check payable to Sahlen Sports Park.
 4. Mail check and registration form to:
Sahlen Sports Park
 7070 Seneca Street
 Elma, NY 14059



**This form does not make
your registration official**

Sports Performing Training Registration Information

Phase I

Strength / Speed

Days

Times

Mon
 Mon
 Mon
 Tues
 Fri
 Sat
 Sun

6:00-7:00
 7:00-8:00
 8:00-9:00
 7:00-8:00
 7:00-8:00
 9:00-11:00
 4:00-5:00

Price

Ages 10-12

\$99 – 8 sessions
 \$189 – 16 sessions
 \$289 – 24 sessions

Ages 13 and up

\$149 – 8 sessions
 \$249 – 16 sessions
 \$349 – 24 sessions

* Add soccer training for \$100

Phase 2 and 3

Soccer Training

Days

Times

Tues
 Tues
 Thur
 Sat

5:30-6:45
 7:00-8:15
 8:00-9:15
 10:30-11:45

Price

Ages 10-12

\$99 – 8 sessions
 \$189 – 16 sessions
 \$289 – 24 sessions

Ages 13 and up

\$149 – 8 sessions
 \$249 – 16 sessions
 \$349 – 24 sessions

*Add Phase I for \$100

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Registration

| | |
|--------------------------------|--|
| Name | Phone: |
| Address: | E-Mail: |
| D.O.B. | Program: Phase 1 Phase 2, 3 Phase 1, 2, 3 |
| Start Date: | # of sessions per week: 1 2 3 4 |
| End Date: | Session: Nov Jan Mar Aug |
| Payment Amount: | |
| Type: Credit Check Cash | |